

KAYAK CLASSES

BILL JACKSONS Shop for Adventure



Introduction to Recreational Kayaking: Recreational kayaks are a blast! What's not to like about sit-on-top kayaking? Why not take a class tailored just for the casual paddler? This 2 ½ - 3 hour class provides demonstrations on entries, re-entries, rescues, and paddling techniques relevant to recreational kayaking. This fun and informative class is taught in our indoor pool and Freedom Lake Park (the lake behind our store). Be sure to bring a bathing suit, towel, and clothes and shoes to wear in the lake. The cost is \$68.00 per person or free with the purchase of a new kayak.

Introduction to Sea Kayaking: Want to kayak and not sure where to start? This class is designed for beginning paddlers who would like to learn the fundamental techniques and rescue skills for safe sea kayaking. This four hour class is held in two parts; Friday night from 6:30 – 8:30pm in the heated indoor pool and Saturday or Sunday from 10:30am – 12:30pm in Freedom Lake Park (the lake behind our store). Be sure to bring a bathing suit, towel, and clothes and shoes to wear in the lake. The cost is \$68.00 per person or free with the purchase of a new kayak.

Performance Sea Kayaking: Do you love kayaking? Would you like to become a more competent paddler with a greater mastery of the skills and techniques? This is the class for you! Performance Sea Kayaking will help you develop intermediate skills needed for you to be the best kayaker you can be. The class is held on either Saturday or Sunday at Freedom Lake Park. Be sure to bring a bathing suit, towel, and clothes to wear on the lake. The cost is \$68.00 per person.

Sea Kayak Rescues 101: The safest place to be is in your boat, but do you know what to do if you or a paddling buddy capsizes. If not then this is the class for you. The lessons are designed to teach you rescue techniques for those unexpected incidents. Students will learn skills such as controlled wet exits and self and assisted rescues. The class is held on Saturdays and Sundays (times may vary). Cost of the class is \$68.00 per person.

Eskimo Roll Class: Discover the ancient and still vital art of self rescue. This class is designed to give you the technique and ability to execute a successful Eskimo Roll. The instructors will guide you through every step needed in developing your very own roll. The class is held here at Bill Jackson's in our heated pool and costs \$68.00 per person. We also suggest reading *Bombproof Roll and Beyond* by Paul Dutky and viewing *The Kayak Roll* by performance video.



For more information or scheduling please call (727) 576-4169 or email us at adventure@billjacksons.com